



NON GLUTEN CONTAINING INGREDIENTS MENU

STARTERS

Homemade Soup of the Day £5.50
crusty bread roll (ask server)

Prawn & Crayfish Cocktail £7.95
toasted bread, marie rose sauce

Feta Cheese, Fig & Mixed Olive Salad £7.50 **V**
toasted flat bread, balsamic reduction

King Prawn & Chorizo Skillet £8.95
chilli and garlic butter, toasted bread

Fantailed Galia Melon £6.95 **V**
pineapple and passionfruit salsa,
mango sorbet

Crispy Tempura
Chicken £7.95 **Vegetable** £7.50 **V VE**
sweet chilli sauce

Main Course Crispy Tempura with Fries
Chicken £14.95 **Vegetable** £13.50 **V**

MAINS

Chargrilled Minute Steak £15.95
fries, pepper sauce

Mozzarella Chicken Breast £15.50
topped with diced beef tomatoes,
red onion, mozzarella, basil oil, fries

Slow Cooked Diced Beef £14.50
market vegetables, creamed potatoes

Chorizo, Pepper & Halloumi Skewers £14.95
coconut and mango curry cream, basmati rice

Cajun Spiced Chicken Fillets £15.50
mango curry cream, basmati rice,
prawn crackers, coconut shavings

Hoisin Salmon Poke Bowl £15.95
shredded vegetables, mixed beans,
moroccan cous cous, garlic and herb dressing
(VEGETARIAN OPTION AVAILABLE £13.50)

Scottish Lamb Rump £17.95
braised red cabbage, garlic and
herb potatoes, rosemary jus

Pan Seared Fillet of Cod £16.95
turmeric and caper butter,
steamed greens, creamed potato

Chargrilled Breast of Chicken £15.50
peppercorn sauce, roast and
creamd potatoes, seasonal vegetables

FROM THE GRILL

all served with grilled tomato,
mushrooms, fries

Chargrilled 8oz Fillet Steak £32.95

Chargrilled 8oz Sirloin Steak £29.95

Chargrilled Butterfly Breast of Chicken £14.95

Chargrilled Gammon Steak
with Pineapple £14.95

Add Sauce £2.50 Red Wine Jus / Peppercorn /
Garlic Butter / Garlic & Chive Cream

DESSERTS

Luxury Chocolate Fudge Cake £6.95
salted caramel drizzle, toffee popcorn,
vanilla ice cream

Passionfruit & Mango Panacotta £6.95
tropical coulis, fruit garnish

Carlton Cheese Board £8.75
Blue Murder, Morangie Brie & Scottish Red Cheddar,
oatcakes, grapes, red onion chutney

Trio of Ice Cream £6.95
vanilla, chocolate, raspberry ripple, tablet, mint choc chip
choice of sauces: toffee, chocolate, raspberry

Should you have concerns about a food allergy or intolerance, please speak to our staff before you order your food or drink